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Must Remain in
Transcription Room

M 1642
Barn Lunch and Coffee
Saturday, August 9, 1969

Mr. Nyland: Many Activities, many places. At Barn we remember why-- for Work, inside self. Take time to remember, "Here I am". When there difficulties, they are according to law - we can't understand laws. Hope to become conscious, know no more. Every day a new beginning. Try to place things. a question of essence, life in its pure form. This is search for the miraculous.

Where is your place? Then consider others. Activities have contact with outside. Two aims: 1. Work, roots from which you grow. 2. Commercial world. Need to make something which can be sold, lived in, based on foundation of Work.

Need to be patient, need to ask "Is it profitable?" Intention is Work, but activity also has practical aim, not just beauty. We have press, do things for love of it, but expends money and time unwisely.

I buy land to build house to live in it, to develop house, to do something in it. Or renovate old one - help Lotus and George to make center for Music.

Need to be free of city - we were made to live on land. With credit - no need to carry gold. Now have traffic, middlemen. Need to stay away from it as much as possible.

Take from nature, civilization. Group - value for each other, people working together - investment is collateral for all of us. New activities - could be waste of time, money. Printing beautiful books not practical. Utilize knowledge of others. How much is your time worth, energy? This is paid for in open market.

Eddie repairs cars - you are impatient. He can't do everything, buy tools he needs. Unreasonable.

At Guest House people just sit, eat, sleep, leave without paying or even apologizing. Why? Immoral attitude. Need honesty - credit based on confidence.

If not honest with each other, won't be honest with self. Accept self with honesty.

Fulfill promises. Share. You get things for nothing. Need to consider others, watch where you walk. You need to live in heart (not head) to consider your feet.

Why are you working, why do things go wrong? We need to learn, children on road to consciousness. Spirit among us is guide, when we make worthwhile investment, if we all want it, if we help, are present to our inner life, to our wish to live and include others. This creates solidarity, spiritual substance between us, which can be set free as form of life.

Coffee at 6. Iwill answer questions. Have one question of self in relation to Work, where you are unclear, needing answer to continue for week, to make it valuable, so you grow in understanding.

Coffee

Mr. Nyland: I listened to Dallas, tape hard to hear. Person from different region looks at Barn - interesting viewpoint, gives honest impressions form outside. In Warwick, people not sympathetic to us - they see us differently.

We need physical work, can be unconscouus, not like at meetings. Characteristics stay - person same in ordinary life, whether unconscious or concious. Accumulate wisdom, motivation comes from different place. Where is each center? - combine them into entity, but still use ordinary life, but not lost in behavior. Need ability to express, under control of consciousness, to choose correct behavior. Change reacting creature into acting one. One must get 3rd quality food for brain from ordinary life - receive it without needing immediate reaction.

How to renovate ourselves, to receive energy from Earth, solar system, Universe. We don't know how, except by Work, questioning ourselves in our manifestations. Need look-out tower to observe, report in form of etherogram to ourselves. These are secrets of our conscience. First, what am I - when I Work I am open. Need to be silent, commune with energies, open Magnetic Center, allow it to move, loosen, decrystallize. This is the beginning of Work - to get looseness, to fix with crowbar, not sledgehammer.

Magnetic Center like buried rock - attached to ledge or free? Is in contact with where it came from, free, not like ledge. Crowbar needed to set Magnetic Center free slowly, without cracking. Look over what you are - like a Sphinx, totality of growth, but with seperate parts, layers preventing connection of centers. You are unknowable, like Sphinx. Move Magnetic Center a little - beginning of Work.

Don't overdo - Work at right time. Divide life - be serious, be joyful (not living under rock) Be superior to Magnetic Center - only correct in principle, not in ordinary life. Create open contact with Universe for self. Need to be quiet, si of silence, what is needed to make contact, flow within self no longer depends on outside world or impressions. Need sense organs of different quality, from life in Magnetic Center splitting into Kesdjan and soul. Create "I", be open to different influences in silence. Pray to be open, not to wish what would be. Need to accept oneself in ordinary life, not exclude things. Decide what energy goes where. Stay young, don't live under burden. We are simple humans - open to receive other energies.

Wish of Magnetic Center to divide, grow. "I" gives insight into our potentialities. Creation of "I" first, to direct on spot channel for energy from above into you.

Always simplicity of Work on oneself. "I" needs to be available to you. God must exist for oneself. Need my own experience, carefully, not risking overtaxing. Use natural means to reach Great Nature.

Side 2

When we work together and are reminded - there is hope, need to do something with our life. Utilize opportunities of Barn, its atmosphere coming from what we might become.

Need to become porous to commune with infinity. Continue to work physically as required by nature.

When you get up in morning, open your eyes, have something different, become aware of "I", when you are in perfect condition. Physical waking up process needs study - how do you do it? Do you have room for recognition of "I"? Moment of physical awakening is like moment of awareness in ordinary life, when one becomes conscious.

At night, become conscious, feel "I" watching you. Remember your day, like octave. Review day like a film, in objective sense. Past can be objective, only mind spoils it by association. Be honest. State in which you fall asleep determines next day. Pray for "I" - "I" can direct you in sleep, no dreams, knowing like always there - you can wake up to it, become active to all forms of unconscious behaviors.

Your questions are contained in flash of insight of Karatas. Need to place ordinary life - first 3 rules of Objective Morality. Man thinks of moving towards infinite.

Drink coffee - realize "I have a body". It is alive. Mind thinks of day. Feelings come. Let it pass by - realize that NOW you exist. Life is Now. All culminates in present moment, you having body. Accept life as is now, in order to build. God enters, tells you to wake up. Let thoughts and feelings penetrate - you know what has to be done. Take vow for your life - I must grow because wish is strong. I will do and in doing, become a man.

Good evening. Think of tomorrow, what and how you will be - mix emotional quality with what you wish for tomorrow. Prepare to make it worthy.

Good Night.